

No.	Name/Ref.	Years of Age											
		0	100	200	300	400	500	600	700	800	900	1000	
01.	ADAM Gen 05:05	*-----										*930	
02.	SETH Gen 05:08	*-----										*912	
03.	ENOS Gen 05:11	*-----										*905	
04.	CAINAN Gen 05:14	*-----										*910	
05.	MAHALALEEL Gen 05:17	*-----										*895	
06.	JARED Gen 05:20	*-----										*962	
07.	ENOCK Gen 05:24	*-----										*365	
08.	METHUSELAH Gen 07:06	*-----										*969	
09.	LAMECH Gen 05:31	*-----										*777	
10.	NOAH Gen 09:29	*-----										*950	
11.	SHEM Gen 11:11	*-----										*600	
12.	ARPHAXAD Gen 11:13	*-----										*438	
13.	SALAH Gen 11:15	*-----										*433	
14.	EBER Gen 11:17	*-----										*464	
15.	PELEG Gen 11:19	*-----										*239	
16.	REU Gen 11:21	*-----										*239	
17.	SERUG Gen 11:23	*-----										*230	
18.	NAHOR Gen 11:25	*-----										*148	
19.	TERAH Gen 11:32	*-----										*205	
20.	ABRAHAM Gen 25:07	*-----										*175	
21.	ISAAC Gen 35:28	*-----										*180	
22.	JACOB Gen 47:28	*-----										*147	
23.	JOSEPH Gen 50:26	*-----										*110	

